

**CATHOLIC YOUTH APOSTOLATE
CYC SPORTS - CENTRAL DISTRICT
2011 TRACK MEETS
APRIL 30, 2011**

1ST PRELIMINARY MEET EVENT REVISED SCHEDULE

TIME	EVENT	AGE GROUPS
8:15 AM	Organizational Meeting for Coaches	
9:00 AM	1600 Meter Run	9 & 10, 11 & 12, 13, 14 & 15
10:00 AM	800 Meter Relay (4 X 200)	7 & 8, 9 & 10, 11 & 12, 13, 14 & 15
11:00 AM	50 Meter Dash	6 & Under
12:30 PM	800 Meter Run	7 & 8, 9 & 10, 11 & 12, 13, 14 & 15
1:00 PM	100 Meter Dash	All Age Groups
1:15 PM	400 Meter Relay (4 X 100)	7 & 8, 9 & 10, 11 & 12, 13, 14 & 15
2:15 PM	200 Meter Dash	7 & 8, 9 & 10, 11 & 12, 13, 14 & 15
3:15 PM	400 Meter Dash	7 & 8, 9 & 10, 11 & 12, 13, 14 & 15
4:15 PM	Pick up Award Packets (Coaches) Hand in Final Meet Rosters (Coaches)	

TIME	EVENT	AGE GROUPS
9:00 AM	High Jump	9 & 10, 11 & 12, 13, 14 & 15
9:00 AM	Running Long Jump	11 & 12, 13, 14 & 15
9:00 AM	Standing Long Jump	6 & Under, 7 & 8, 9 & 10
9:00 AM	Shot Put	9 & 10, 11 & 12, 13, 14 & 15

Every effort is made to run the meet smoothly and on schedule. If the meet runs ahead of schedule, it will be allowed to continue to run ahead of schedule, up to one hour ahead of the times stated in the event schedule shown above. Participants should be at the track, ready to participate, a minimum of one hour prior to the scheduled start of their event. Participants who miss the start of their event will be scratched from the event They will not be allowed to run with another age group.